

Frequently Asked Questions:

SEE FULL DESCRIPTION OF OUR STRAINS ON THE LAST PAGE

WHAT IS KRATOM?

Kratom (*Mitragyna speciosa*) is a cousin of the coffee plant, indigenous to Southeast Asia. Traditionally, the leaves have been dried and then crushed or powdered, brewed as tea or mixed with a beverage. Often times, the crushed leaves are encapsulated for easier consumption. A growing number of people celebrate kratom and believe it to have health and wellness benefits.

WHO USES KRATOM AND WHY?

An estimated 3-5 million Americans are believed to use kratom annually. Many people, including a number of doctors, fitness enthusiasts and health professionals, believe kratom to have health benefits, ranging from increased energy and focus to relaxation and relief from pain and fatigue. Some people have claimed that kratom helps alleviate opioid withdrawal symptoms. At *Quantum Kratom* we do not make ANY medical claims about our products.

We encourage everybody to learn more about kratom through the American Kratom Association website: www.americkratom.org

IS KRATOM STIMULATING? RELAXING?

Rule of Thumb:

Kratom is said to be stimulating in smaller amounts (3-5 grams) and relaxing in larger amounts. Different strains vary in characteristics.

- White strains are generally characterized as the most energizing.
- Green strains are generally characterized as balanced w/ moderate energy & relief
- Red strains are generally characterized as offering relief and relaxation
- Maeng Da refers to exceptional strength

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Some conversations about kratom may go like this:

I need something to help me get through the work day. What do you recommend?

Typically white or green strains are recommended

I want energy for working out. What do you recommend?

Typically white or green strains are recommended

I want cognitive enhancement and focus. What do you recommend?

Typically white strains are recommended

I have mild anxiety. I just want to relax a little bit and mellow out.

Bali Gold would typically be recommended

I need something strong to help me while I am getting off medication. What do you recommend?

Typically red vein is recommended, though we do not make any claims. We do not, in any way, offer any kind of cure/treatment of any kind. For people who are looking for help of this sort, please consult with a medical professional

SEE PAGE 3 FOR FULL DESCRIPTIONS OF OUR STRAINS

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Descriptions of our strains:

- The following descriptions are only opinions of certain kratom enthusiasts
- We do not take responsibility for any misuse of our product

Green Means Go

Green vein Malaysian kratom is historically renowned for its energizing characteristics, "Green Means Go!" is thought to deliver an uplifting sense of well being at low doses.

Super Maeng Da

Super rich in alkaloids, this is a blend of top-quality kratom, from southeast Asia. These leaves are thought to offer pain-fighting, calm energy, focus and sense of well-being.

Texas Red

Our super strong red vein Maeng Da is sourced from the island paradise of Borneo. Red vein is known to offer the epitome of relaxation, relief, mellow focus and revitalization. This strain has been associated with recovery, though we do not make any claims. If you are struggling with any kind of addiction, please seek medical help.

Great White

"Great White" is our BEST SELLER. This strain is thought to provide exceptional energy, motivational properties & relief from minor aches and pains. Some people claim this to be a great pre-workout.

Sand Panther's Bali Gold

Sourced from the island paradise of Bali, Gold Vein Kratom is known to provide an overall sense of well-being and zenful energy. Often associated with relief from anxiety.

Ninety Nine Red Bali

Our newest strain, a more subtle version of red vein kratom. Lower in alkaloids than Maeng Da, these strains are preferred by many kratom fans.

Indonesian Sunrise (Spring Seasonal)

Indonesian Sunrise is a Super Indonesian White. Big Bright Energy up front and a tipping point to subtle relaxation.

Shangri La La (Summer Seasonal)

Our house blend of greens and whites, sourced from Borneo. This blend is believed, by some, to offer just the right amount of energy and relief from minor aches and pains.